

The Good News!

March
2010



St. Alban's Episcopal Church

Church office hours: Monday — Friday 8 am to 4 pm

Rector's Reflections



Dear brothers and sisters in Christ,

Holy Week & Easter 2010

At the end of this month, we will begin the journey into the heart of the Christian faith. As we participate in worship services from Palm Sunday through Easter Day, we are offered the chance to re-experience the events of Jesus' last week and make them our own.

While Jesus' last week was lived *in extremis*, still there are ways we each know what he lived through. Even the most outwardly charmed life knows its share of disappointment, injustice, betrayal, loneliness, grief, fear, and bodily pain. The kind of world that crucifies Jesus is with us still, and we still ask—as he did on the cross — why?

When answers come to that question, they are rarely straight-forward. But that was certainly true for Jesus. To the “Why” of the cross, God's answer is resurrection. But resurrection is less an answer than it is a process. It tells us that though our struggles and sufferings make no sense, we must go through them to get to new life. We have to be healed, reconciled, transformed, and *especially in the broken places* in order to be made new. Walking the way of the Cross with Jesus does not mean wallowing in our own suffering. It means offering our suffering up to God's grace, that we might go forward with new and risen life.

The cross also reminds us that we live both as victim and as oppressor. We know suffering, but we also know how to dish it out. The cross invites us to accept our accountability before God, name the ways we have transgressed, and resolve to do what we restore what we have broken.

The more we enter imaginatively and spiritually into the week between Palm Sunday and Easter the more we will become transformed. Take who you are to the foot of the cross this Holy Week and offer everything you are. I think you will find, as Paul did, that it is in dying that we are reborn.

In Christ's love,

Susan +

Baptism

The Sacrament of Holy Baptism will be offered at the Easter Vigil on Saturday night, April 3rd at 8:00 p.m. Please call the church office to register yourself or someone in your family to receive this sacrament of new life.

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Worship Services

Sundays:

8 am Holy Eucharist
10 am Holy Eucharist

Parish Staff

The Rev. Susan W. Klein, Rector
The Rev. Norm Ishizaki, Rector Emeritus
The Rev. Warner Traynham, Assisting Priest
Nancy John, Administrator
Darren Motise, Minister of Music
James Vail, Organist and Choirmaster Emeritus
Gordon Toler, Sexton

Church School Attendants
Susan Agnew,
Imogen Eddington and
Lisa Atmodjo

Vestry

Christine Mason, Sr. Warden
Rudy Marloth, Treasurer
Vivian Hay, Clerk

Weekly Study/Services

Friday Small Group

Kerygma

On Wednesdays, from 10:30 am—11:45, we pull out Bibles, commentaries, and our own beliefs and ideas to explore the scriptures in depth. Meet us some Wednesday in the library and join in a very stimulating conversation. We are studying the gospel of Matthew.

Mid-week Holy Eucharist

Take a mid-week moment and refresh yourself spiritually by joining us for our Noon-time Holy Eucharist.

Every Wed. at noon in the Chapel.
Bring a friend!

Join us in the St. Alban's Library from 1:00-2:30 PM on Fridays through Lent, as we discuss *My Soul in Silence Waits: Meditations on Psalm 62*, by Margaret Guenther. Guenther notes, "I am writing this book for you who wish to find the time and space for retreat without ever leaving home. Using the principles of the traditional retreat, we can find ways to build in intervals of reflection and re-creation—not in a concentrated period of forty-eight hours, but spread out..." (9).

Her chapters, each with questions "for prayer and pondering," treat longing, silence, waiting, imagining, [dealing with] enemies, [seeking] refuge, weighing in, and listening.

The Book Club!

The book for March is *Nine Stories* by J.D. Salinger. The meeting is Sunday, March 21, 7:00 pm in the home of one of the Book Club Members. Anyone can join us! Call the office for more information.

The Easter Food Drive

The Easter Food Drive for Westside Food Bank is underway. Bring non-perishable food and household items to church every Sunday and throughout the week from now through March 28. Leave your items in the barrel outside the Library/Upper Lounge or at the Information Table in the Patio. Lists of needed items and grocery bags for you food are available at the information table. Thank you!

Join us for These Weekly Services and Activities!

Sunday

8:00 am Holy Eucharist
(Chapel)

9:00 am Adult Forum
(Library)

10:00 am *Choral Eucharist
(main Church)

*Nursery and
Church school available

5:00 pm **UCLA Student Fellowship**
Episcopal and Methodist
Chaplaincy to host
(St. Alban's-main church)

*See usher or website for
Sunday Parking permits

Wednesday

10:30 am Kerygma
Bible Study
(Library)

12:00 Noon Holy Eucharist
(Chapel)

Thursday

7:30 pm Adult Choir Reh.
(choir room)

Friday

1:00 pm Pilgrim's Way
Small Group
(Library)

March Activities

Mar. 7, 14, 21, 28 *Special Sunday Class:*
Christian Covenant
Class
(Library)

Mar. 13
Sat. 9-10 am Lectio Divina
Prayer/fellowship
(all are invited.)

Mar. 17
Wed. 12:30 pm Lunch Bunch!
Join us for a \$5 lunch
and million-dollar fel-
lowship!

Holy Week Schedule

Palm Sunday	March 28	8:00 and *10:00 services	* At 10 am we gather on the patio
Maundy Thursday	April 1	6:00 pm 7:00 pm 7:30 pm	Agape Meal Foot Washing Tenebrae
Good Friday	April 2	12 Noon	Good Friday Office Stations of the Cross
Vespers and Veneration	An evening of choral and instrumental worship	8 pm	Featuring music of the crucifixion
Holy Saturday	April 3	8:00 pm	Easter Vigil, Baptism and Holy Eucharist
EASTER DAY!	April 4	8:30 am 11:00 am	Festival Choral Eucharist

Parish Community News Board

Febuary Prayer List

Betty Jones, Ann Shannon, Norah Jones, Courtney Williams, Doug Laidlaw, Herb Jones, Miranda Reem Claudia (Del Giudice) Galleta, Katherine Wright, Josephine Donor, Susan Duck, Kelly Ungerman, Ron Macdonald, Kathryn MacDonald, Carol Bowles, Diana Doyle, Gene Woods, Jessica Yi, Howard Morgen, Barry Zweig, June Rawn, Fr. Norm Ishizaki and Velda, James LaBlanche.

For our Military: Capt. David Tanen, Lt. Ryan Klint, Grant Stone, and Rob Ruano

St. Alban's "Lunch Bunch" (pray and stay)

Last month's Lunch Bunch gathering continues to be a blessed time of fellowship. Please join us for our second lunch of 2010! The lunch is open to anyone in the congregation. We will have our next lunch (\$5 per person) on Wed., **March 17, starting with the Noon**

Eucharist and finishing with lunch from 12:30 —1:30 p.m. A sign-up sheet will be on the patio for you to indicate whether you can join us. Please do!

Lectio Divina Saturday

March 13 Join us the second Saturday of each month from 9 am - 10 am, in the Library at St. Alban's, for prayer. We pray for each other, our parish, our community, the world, whatever is on the heart!

E-Donations... If you are interested in making contributions via the internet, go to Stalbanswestwood.com and go to the link "e-donations" and follow the easy directions! This is a small step to becoming more "green" as a church as well as increasing the ease with which our

parish body and community is able to give.

Christian Covenant Class began on Sunday Feb. 28, after the 10:00 service in the Library. Are you new to St. Alban's? New to the Episcopal Church? New to the Christian faith? Join Susan as we hold this series of classes during the Sundays of Lent: Feb 28, March 7, 14, 21, and 28. We are going to be using Marcus Borg's book: The Heart of Christianity. Please sign up on the patio if you are interested in joining this class.

Palm Crosses All Parishioners are invited to join the Altar Guild in **making palm crosses on Saturday, March 27, at 10:00 a.m. in the Parish Hall.** No experience needed for the time-honored tradition! Please dress warmly.

The Good News

St. Alban's Episcopal Church
580 Hilgard Avenue
Los Angeles, CA 90024

Phone: 310.208.6516
Fax: 310.208.6389

We celebrate the grace and love of God in worship and prayer, and seek to follow God's example in the fellowship we offer.

We're on the WEB!
www.stalbanswestwood.com

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Welcome!

Koinonia Café Huge Success!!

Silent Auction!

The Wesley Foundation serving UCLA (United Methodist Campus Ministry) in conjunction with Canterbury/Westwood began a new ministry for students in February. Koinonia Cafe on the Patio offers a hot meal and a take home snack each Monday 11-1. This meal is open for those students who are unable to afford the cost of food on campus, and who are traveling to and from campus often without eating. Our first lunch was greatly appreciated and well received, serving 6 students.

Donations to assist in offsetting the cost of this program are welcomed. Sponsoring ten students costs only \$32.50/week. Monetary donations can be made out to Wesley Foundation/UCLA or Canterbury Westwood and left in the chaplain's mailbox. We are also seeking donations of single-serve items to stock the student lounge so

that students who are hungry can stop by and find a nourishing snack. Food donations can be brought to the student lounge during the week or Sunday mornings. **We have been able to feed up to 30 kids in one day!** Thank you for your support!

A list of food items needed is below.

UCLA Student food supplies:
individual instant oatmeal packets
peanut butter ~ jelly ~crackers
"easy" mac & cheese ~ramen noodle
cups ~ string cheese ~ rice/noodle
bowls ~ granola bars ~ popcorn
(microwave bags) ~ bottled water ~
juice packs ~ trail mix ~ pretzels

For more information please contact
Jeanne Roe Smith wfsucla@gmail.com
310-909-4471 or
Jason Cox episcopal@ucla.edu
310-751-0574

SAVE THE DATE!!

At 6:00 p.m. on
Saturday evening,
June 12, 2010,
we will hold a dinner
and silent auction
in the Parish Hall to
raise funds for the
people of Haiti.